

What does being well in Worcestershire mean to you?

Health and Wellbeing Strategy Consultation 2022-2032

What is The Health and Wellbeing Board (HWB)?

The HWB brings together the organisations responsible for making decisions about services in Worcestershire that support our health and wellbeing - things like children's services, adult social care and the local NHS.

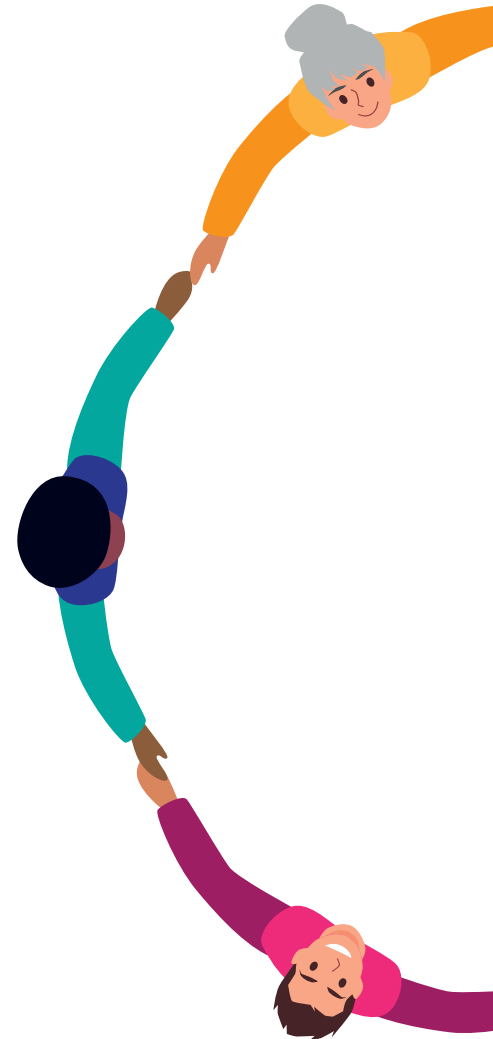
Worcestershire's Health and Wellbeing Strategy 2022 - 2032

The HWB is required to develop a strategy including a vision and priorities for improving the health and wellbeing of people who live and work in Worcestershire. For the 2022 - 2032 Strategy, the HWB would like to identify good mental health and wellbeing as the main priority, supported by action in areas that we all need to **'Be Well in Worcestershire'**.

Sharing your views

We want to know if you agree with our vision, priority and supporting areas, and to understand what being well means to you. There will also be space to tell us where there are gaps and anything else that is important to you.

This is your chance to make a difference to the health and wellbeing of people in Worcestershire.



Our Vision

The vision of the HWB is 'working together for all to be well in Worcestershire'.



Our Priorities

The HWB wants to focus its new Strategy on good mental health and wellbeing, supported by action on the wider determinants of good mental health and wellbeing outlined here.



Why did we choose good mental health and wellbeing?

We know that good mental health and wellbeing is an important part of our lives and that it affects all other areas of our health. Better mental health and wellbeing is linked to improved physical health, performance in education and living longer in better health.

COVID-19 has also impacted our mental health and wellbeing in different ways. We want to understand what that means for our communities.

The infographics below summarise some of the evidence that led the HWB to decide on the priority:

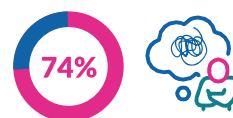
Depression 2020/21
73,197 people (**14.7%**)
in Worcestershire
Adults 18+ (QOF) which is higher
than the England rate of **12.3%**



36,195 households in
Worcestershire
(**14.4%**) are thought to be living
in **fuel poverty**, the figure
for England is **13.4%** (2019).



A Healthwatch survey reported in 2021 that **74%**
(estimated 193 respondents in total) of
children and young people
say their **mental health** has got
worse since the start of COVID-19



Have your say

We know that 'good mental health and wellbeing' may mean different things to different people. As someone who lives or works in Worcestershire, your thoughts and suggestions are important to us.

Help shape the future of health and wellbeing in Worcestershire by sharing:

- Your thoughts and feelings on mental health and wellbeing
- How COVID-19 has impacted on your mental health and wellbeing
- Your views on our proposed Strategy

The formal consultation will be running for 12 weeks from 7th February to 2nd May 2022.

To have your say, visit:
www.worcestershire.gov.uk/HWBStrategy2022



Paper copies are also available at your local library

